

2017

April

Basic Nutrition Information

Rockton School District #140 - Hot Lunch - RGS | WPES | SMMS

Detailed Allergy & Nutrition Information

Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
Hot Dog on a Bun Cheetos Carrot Sticks Grapes	Soft Shell Taco Refried Beans Corn Pineapple	Popcorn Chicken and Mashed Potato Bowl Green Beans / Peaches Project Fair RG/WP Sack lunches	Little Smokies Soft Pretzel Nacho Cheese Broccoli Pears	Sam's Pizza Tossed Salad Ranch Dressing Mixed Fruit
10	11	12	13	14
Beefy Nachos Refried Beans Corn Pineapple	Chicken Patty on a Bun Fries Green Beans Peaches	Spaghetti with Meatballs Garlic Bread Broccoli Pears	Croissant Breakfast Sandwich Hashbrown Patty Mandarin Oranges Fruitables	NO SCHOOL
17	18	19	20	21
Cheeseburger Meatloaf Mashed Potatoes / Gravy Dinner Roll Carrots Cinnamon Applesauce	Orange Chicken Rice Broccoli Pineapple	Sloppy Joes on a Bun Baked Beans Green Beans Pears Ketchup/Mustard	Chicken Quesadilla Salsa Corn Doritos Fruit Cup	Sam's Pizza Celery Sticks Sunbutter Peaches
24	25	26	27	28
Chicken Nuggets Fries Peas Fruit Cup	Hamburger on a Bun Baked Beans Carrots Pears Ketchup/Mustard	Bosco Stick with Marinara Tossed Salad Ranch Dressing Peaches	French Toast Sausage Patty Hashbrown Patty Strawberries Fruitables	NO SCHOOL

MENU ITEMS SUBJECT TO CHANGE

Milk provided with every meal.