

SEPTEMBER 2023

Milk, Alternative Fruit and Vegetable offered daily.
Menu subject to change.
**Entrée served with sack lunch

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

FUN FACT

Grapes are good sources of vitamin C and fiber.



Sam's Pizza
Snap Peas
Strawberries
**(Sunbutter)

1

**NO
SCHOOL**

4

Quesadilla
Side Salad/Corn
Apple Slices
**(Lunchable)

5

Popcorn Chicken
Mac & Cheese
Pears/Peas
**(Lunchable)

6

Cheese Burger
Fries
Green Beans/Peaches
**(Lunchable)

7

Sam's Pizza
Tomatoes
Kiwi
**(Lunchable)

8

Bosco Sticks
Broccoli
Peaches
**(Sunbutter)

11

Beefy Nachos
Side Salad/Corn
Mandarin Oranges
**(Sunbutter)

12

Pancakes
Hashbrown
Strawberries
**(Sunbutter)

13

Chicken Sandwich
Baked Chips
Apple Slices/Pickle
**(Sunbutter)

14

Sam's Pizza
Cucumbers
Grapes
**(Sunbutter)

15

Chicken Nuggets
Fries
Pears
**(Lunchable)

18

Chicken Fajitas
Side Salad/Corn
Apple Slices
**(Lunchable)

19

Corn Dogs
Baked Beans
Peaches
**(Lunchable)

20

Hot Dog
Baked Chips
Pineapples
**(Lunchable)

21

Sam's Pizza
Celery
Orange Slices
**(Lunchable)

22

Little Smokies/
Pretzel Stick
Carrots/Applesauce
**(Sunbutter)

25

Walking Taco
Side Salad/Corn
Mandarin Oranges
**(Sunbutter)

26

Chicken Tenders
Fries
Fruitable
**(Sunbutter)

27

Waffles
Hashbrown
Gogurt/Strawberries
**(Sunbutter)

28

Sam's Pizza
Carrots
Watermelon
**(Sunbutter)

29