

# Hononegah Indoor Community Track Open

- Where: Hononegah High School Field House  
307 Salem St.  
Rockton, IL. 61072
- When: January 11th, 2020 - 10:00 AM
- Age Divisions: Age divisions are determined by year of birth. Races will be combined depending on the number of entries and genders per age group.  
8 Years Old and Under Boys/Girls  
9-10 Years Old Boys/Girls  
11-12 Years Old Boys/Girls  
13-14 Years Old Boys/Girls  
15-16 Years Old Boys/Girls  
17-18 Years Old Boys/Girls  
19-39 Years Old Men/Women  
40+ Masters Men/Women
- Meet Entry Fee: Each individual will be charged \$5 per event they decided to compete in. Entry forms and money are due by Thursday Jan. 9th at 5:00 PM. Late and *Race day entries will be accepted for a fee of \$10.00 per event.*  
You can pay in cash or make checks out to:  
Hononegah BoysTrack.  
Entries can be brought or mailed to the high school (address is above) with attention made to Mark McLarty.
- Admissions: There will be a \$3 admission fee for spectators who are not competing in the event.
- Facility: The Hononegah Field House indoor track facility contains an 8-lane straightaway as well as providing 6 lanes around the oval.  
**Only ¼" or smaller pyramid spikes are allowed on the track surfaces.** No spiked shoes are allowed on any other surfaces (the wood basketball courts, the all purpose courts, or in the hallways outside the track). Fully Automatic Timing will be provided by Alan Fielder of Tri 3 Sports Timing. Races times and results can be found at <http://tri-3timing.com/>

Refreshments: The Hononegah Booster Club will provide snacks and drinks at the concession stand. The Field House is limited to clear water bottles only. No food or liquids other than water are allowed in the field house. Those items need to be consumed in the metal gym where the concession stand is located. Please abide by this rule so we can assure the field house stays in tip top shape.

Order of Events: Female races in the age group will go first, followed by the boys in that same age group. We will try to keep the genders separated if we have to combine races.

The first race will start at 10:00 AM and then have a rolling schedule for the rest of the meet. Younger races will go first and end each event with the Masters.

800m Run  
60m Dash  
400m Dash  
200m Dash  
1600m Run

I hope that you are able to join us on the 11th. If you have any questions or concerns please reach out to me - Mark McLarty - [mmclar@hononegah.org](mailto:mmclar@hononegah.org).

# Hononegah Indoor Community Track Open

Hosted by the Hononegah Boys Track and Field Program

Saturday, January 11th, 2020 \* 10:00AM

[www.hononegah.org](http://www.hononegah.org)



Please print legibly and complete the entire form. More than one entry may be mailed together with the appropriate fees. Please make all checks and money orders payable to:

Hononegah Boys Track.

**\$5.00 entry fee per event by January 9th at 5:00pm**

**Late and Race day entries will be accepted for a fee of \$10.00 per event**

First & Last Name: \_\_\_\_\_

Age on Race Day: \_\_\_\_\_ Date of Birth \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_ Male \_\_\_\_\_ Female \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ ZipCode: \_\_\_\_\_

Telephone (\_\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_ Email \_\_\_\_\_@\_\_\_\_\_

Please Check Event(s): 60m Dash \_\_\_\_\_ 200m Dash \_\_\_\_\_ 400m Dash \_\_\_\_\_ 800m Run \_\_\_\_\_ 1600m Run \_\_\_\_\_

Total Amount: \$ \_\_\_\_\_

**Race Waiver:** I, individually, (and/or as parent, and/or guardian of the named minor) for and in consideration of acceptance of this entry in the aforementioned event, do hereby release, remiss, waive and forever discharge Hononegah High School, the Boys track team/coaches, and all other supporting groups of this said racing event, from any and all liability, claims, demands, actions, or causes of action whatsoever arising out of, or relating to any injury, illness, loss, or damage, including death, relating to participation in the aforesaid event. I further state I am in proper physical condition to participate in this event. In addition, I agree that myself in this event requires that I will not participate in which the race director deems dangerous to myself or other participants and that the race director may remove me from this event for a violation of said policy. I further grant permission to this race and the organization conducting the race and/or agents authorized by them to use any photographs, videotapes, motion picture, recordings and any record of this event for any purpose. I also agree that all entry fees are non-refundable and that this entry is non-Transferable. Thank you for participating.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_

Parent/Guardian Signature, if under age 18: \_\_\_\_\_

Send completed entry forms to: Hononegah High School  
Att. Mark McLarty  
307 Salem St.  
Rockton, IL 61072